

BLESSING BAGS



SUGGESTED ITEMS:

Each blessing Bag has 1 protein, 1 fruit, 1 snack and 1 beverage.
Please only purchase Individually Packaged, Shelf sustainable, non-perishable items.
Items can be placed in the clear bin in the foyer of the church.
For more information, email wendyantrim@yahoo.com or info@eastgloucester.org.

PROTEIN

Tuna packets
Chicken packets
Salmon pouches
Sardines

SNACK

Granola bar
Cereal bar
Crackers

FRUIT

Apple sauce
Fruit cups
Raisins
Dried Fruit

DRINK

Juice boxes
Mini water bottles
Shelf stable milk

SUPPLIES:

Napkins
Brown lunch bags
spoons